

South Coast, Wonthaggi LAC & Leongatha LAC Cross Country Club Championships 2010

Little Athletics - U/7 & U/8 1km

Yasmin Duursma	Female	U/6	Corner Inlet
Indigo Waugh	Female	U/6	Sale
Jemma Standfield	Female	U/6	Leongatha
Niamh Martin	Female	U/7	Leongatha
Mikayla Notley	Female	U/7	Wonthaggi
Jenna Ross	Female	U/7	Sale
Alex Maxwell	Male	U/7	Wonthaggi
Ryan Gilliam	Male	U/7	Leongatha
Kai McDonald	Male	U/7	Sale
Ostin Waugh	Male	U/7	Sale
Cobie Standfield	Female	U/8	Leongatha

Little Athletics - U/9 & U/10 1.5km

Ruby Martin	Female	U/9	Leongatha
Melody Notley	Female	U/9	Wonthaggi
Amber Ross	Female	U/9	Sale
Alyssa Waugh	Female	U/9	Sale
Hayley George	Female	U/10	Lilydale Y/R
Hannah Bain	Female	U/10	Sale
Amber Standfield	Female	U/10	Leongatha
Ciara Ryan	Female	U/10	Wonthaggi
Eliza McLachlan	Female	U/10	Sale
Xavier Duursma	Male	U/10	Corner Inlet
Anthony Crews	Male	U/10	Kew

Little Athletics - U/11 & U/12 2km

Riley Smith	Male	U/11	Leongatha
Will Chester	Male	U/11	Corner Inlet
Sara Riseley	Female	U/11	Leongatha
Charlie Lynch	Female	U/11	Invite
Karlee Smith	Female	U/11	Wonthaggi
Emily Waugh	Female	U/11	Sale
Kate Maxwell	Female	U/11	Wonthaggi
Oliver Maclean	Male	U/12	Leongatha
Imogen Langford	Female	U/12	Wonthaggi
Sharna Warry	Female	U/12	Sale
Jade Dalton	Female	U/12	Leongatha
Gemma Martin	Female	U/12	Leongatha

Little Athletics - U/13 -U/15 3km

Katie Lynch	Female	U/13	Leongatha
Mitchell Green	Male	U/14	Leongatha
Sadie Plumb	Female	U/14	Wonthaggi
Sandra Plumb	Female	U/14	Wonthaggi
Stephanie George	Female	U/14	Lilydale Y/R
Stephanie Bain	Female	U/14	Sale
Patrick Ryan	Male	U/15	Wonthaggi

South Coast - U/14 & U/16 3km

Imogen Langford	Female	U/14	
Jake Kershaw	Male	U/14	(Inv)
Anthony Crews	Male	U/14	(Inv)
Mitchell Green	Male	U/16	
Patrick Ryan	Male	U/16	
Sadie Plumb	Female	U/16	
Sandra Plumb	Female	U/16	
Sinead Ryan	Female	U/16	

South Coast - U/18 & U/20 5km

Ben Quirk	Male	U/18	
Lachlan Connell	Male	U/18	
Megan Ryan	Female	U/18	
Cassandra Raselli	Female	U/18	
Nathan Love	Male	U/20	

South Coast - Open Women 6km

Zoe Plumb	SCA
Sarah Lewis	SCA

South Coast - Open Men 8km

Sam Quirk	SCA
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South Coast - Masters Men 8km

Stephen Plumb	SCA
Dean Langford	SCA
Steve Quirk	SCA

South Coast - Masters Women 6km

Carmel Quirk	SCA
Carmel Rosendale	SCA

Open 3km Women

Melody Martin	Female	Inv
Emily Standfield	Female	Inv
Tracey McIntyre	Female	Inv
Terra Plumb	Female	SCA

Open 3km Men

Terry Martin	Male	Inv
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